**I Used to…**

**Purpose:**

\* To reflect on the past and look at where you are today.

**Assignment:**

* 10 (or more) lines reflecting on something you used to be, but now you are different in some way.
* Think about physical changes, emotional changes, new experiences that you’ve had, changes in friendships, fears, joys…options are endless.
* Present in any way you would like…
  + Paper, Word document, PowerPoint (remember what you have to work with that is the easiest for you! ~ accessibility and ease of use.
* Add detail/colour/artwork to enhance the overall product

**Some examples of sentences…**

I used to love cotton candy,

Now I love anything from the candy isle.

I used to dream of going to Disneyland,

Now I dream of going to the Bahamas.

I used to ride a bike,

Now I drive a Red Honda Civic.

I used to have my mom and dad take care of me,

Now I have an amazing boy to take care of.

I used to love figure skating,

Now I love playing soccer with my son.

I used to dislike seafood,

Now I am learning to try new things and love seafood.

I used to want to be a Sports Medicine Doctor,

Now I am thrilled to be a teacher.

I used to think I knew a lot,

Now I know I have a lot to learn.